



To refer a patient,  
call (312) 942-4444.

## Rush University System for Health

# Rush Center for Weight Loss and Bariatric Surgery

The Rush Center for Weight Loss and Bariatric Surgery offers comprehensive treatment options for weight loss and improved general wellness as a result of obesity management for adults and adolescents.

We tailor treatment plans to help patients achieve successful outcomes through a combination of non-surgical and surgical procedures in our integrated surgical and weight loss program. Non-surgical weight loss methods, such as nutrition, fitness and behavioral counseling, and surgical options, such as gastric bypass and other weight loss procedures, are jointly used to achieve long-term, higher quality of life outcomes. Once an intervention has been performed, our team provides life-long follow-up care, helping patients maintain their wellness and weight loss goals.

## Why refer patients to our program?

- In recognition of our high-quality, patient-centered care, The Rush Center for Weight Loss and Bariatric Surgery has been accredited by the **Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program** as a comprehensive center.
- Our center ranks in the top quartile for patient satisfaction according to **Press Ganey Associates, Inc.**, the nation's leading provider for patient experience measurement.
- **Blue Cross & Blue Shield** has designated our bariatric surgery program as a Blue Distinction Center — health care facilities and providers recognized for their expertise in delivering specialty care.

## Who is an ideal patient?

Our program is designed for patients who possess the following qualities:

- Have a BMI of 25 or higher with obesity-related comorbidities or a BMI of at least 40
- Have unsuccessfully tried losing weight through other means
- Are committed to making healthy lifestyle choices

## Locations

### Rush University Medical Center

1725 W. Harrison St., Suite 818  
Chicago, IL 60612

### Rush Oak Park Hospital

610 S. Maple Ave., Suite 5500  
Oak Park, IL 60304

### Rush Oak Brook

2011 York Road  
Oak Brook, IL 60523

### Rush South Loop

1411 S. Michigan Ave.  
Chicago, IL 60605

### Rush Copley Medical Center

2020 Ogden Ave., Suite 400  
Aurora, IL 60504

### Rush Center for Weight Loss and Bariatric Surgery - Oak Lawn

5851 W. 95th St., Suite 300  
Oak Lawn, IL 60453

Learn more:  
[rush.edu/weightloss](https://rush.edu/weightloss)

Twitter:  
[@RushBariatrics](https://twitter.com/RushBariatrics)

## How does the process work?

Rush may require pre-operative clearance from referring physicians. Many insurance plans require primary care provider recommendations for bariatric surgery, regardless of the patient's health profile. Rush does not require any testing or workups from referring physicians. Once here, a patient will meet with one of our bariatric surgeons or medical weight management providers to discuss weight-loss options. We may arrange referrals with other members of our team, such as dietitians, psychologists and any other specialists as needed. Priority scheduling is available for patients seeking their initial consultation.

## What happens to patients after a procedure?

We partner with the referring physician on long-term post-operative care. Patients will need life-long vitamin supplementation after bariatric surgery, plus annual comprehensive labs. In addition, patients will have access to free monthly bariatric support group meetings, plus behavioral and nutritional goal setting to help them maintain the benefits of a bariatric procedure.

## Meet our team

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Philip A. Omotosho, MD  
**Bariatric surgery**

Deanne C. Fornelli, PA-C  
**Physician assistant**

Elizabeth Horan, DNP  
**Advanced practice provider**

Frances Lee, APP, FNP-BC  
**Advanced practice provider**

Antoinette Murphy, FNP-BC  
**Advanced Practice Provider**

Jonathan A. Myers, MD  
**Bariatric surgery**

Naomi Parrella, MD  
**Medical weight management**

Swathi B. Reddy, MD, MHS  
**General Surgery/Acute Care; Bariatric Surgery**

Marc A. Sarran, MD  
**Bariatric surgery**

Scott W. Schimpke, MD  
**Bariatric surgery**

Alfonso Torquati, MD, MSCI  
**Bariatric surgery**

Benjamin R. Veenstra, MD  
**Bariatric surgery**

## Conditions we treat

Obesity and weight gain

**Conditions we treat that are related to excess weight gain:**

Arthritis

Cancer risk reduction

Heart disease and stroke risk reduction

High blood pressure risk reduction

Nonalcoholic fatty liver disease (NAFLD) or nonalcoholic steatohepatitis (NASH)

Sleep apnea

Stroke risk reduction

Type 2 diabetes risk reduction

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## Tests, procedures and treatments

### Weight Management and Lifestyle:

Behavioral counseling, including treatment for problematic eating behaviors

Fitness program

Medical weight loss plan

Medicine services

Nutrition education

### Surgical Weight Loss Services:

Biliopancreatic diversion with duodenal switch (BPD/DS)

Body contouring

Laparoscopic adjustable gastric banding

Laparoscopic Roux-en-Y Gastric Bypass

Laparoscopic sleeve gastrectomy

Revision surgery

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*For general inquiries regarding the Rush Center for Weight Loss and Bariatric Surgery contact the program coordinator:*

**Katie Rice**

(312) 563-6393

Catherine\_Rice@rush.edu

rush.edu/weightloss



Excellence is just the beginning.