



To refer patients or request a consult, call (312) 942-6100.

RUSH University System for Health

Sleep Surgery at RUSH

At RUSH, our sleep surgery team offers a multidisciplinary approach to the management of primary snoring and obstructive sleep apnea through collaboration with regional subspecialty partners in ear, nose, and throat, craniofacial surgery, sleep medicine, and behavioral sleep medicine. We focus on providing comprehensive treatment options for the surgical management of obstructive sleep apnea, including the following:

- Nasal surgery to improve compliance of continuous positive airway pressure
- Soft tissue surgery such as tonsillectomy, TransOral robotic surgery, lingual tonsillectomy and expansion sphincter pharyngoplasty
- Hypoglossal nerve stimulation
- Skeletal surgery, including surgically assisted maxillary expansion, genioglossus advancement, and maxillomandibular advancement surgery

As of March 2023, RUSH has performed the highest number of Inspire implants in the state of Illinois. Our treatment outcomes have measured well above the national average. We are equipped to assist in the management of revision cases or surgical failures. We advise on cases where patients exhibit difficult snoring, as well as with cases of patients who have already undergone sleep studies or experience difficulty using a CPAP device.

Innovative care. RUSH Sleep Surgery has performed more than 200 hypoglossal nerve stimulator implantations to treat our patients' obstructive sleep apnea. We are one of the national leaders performing drug-induced sleep endoscopy where positive airway pressure therapy is applied (DISE-PAP). Current research on this new procedure centers around patient phenotyping and enhancing the selection of likely responders to upper airway stimulation, as well as other sleep surgery procedures. RUSH offers comprehensive surgical options including skeletal surgery.

Working with our partners. We value the equal ongoing co-management of a patient's sleep-disordered breathing with referring partners. For complex cases or time-sensitive consultations, we encourage direct physician-to-physician communication with our surgeons, which is available directly by cell phone contact if preferred.

Patients have a variety of access points to our sleep surgery team, including Oak Brook, Oak Park, and RUSH University Medical Center.

By the Numbers

200+

RUSH Sleep Surgery has performed more hypoglossal nerve stimulator implants than any other center in Illinois.



We are one of the national leaders performing DISE-PAP.



"U.S. News & World Report" ranked RUSH University Medical Center's Ear, Nose & Throat program among the best in the nation.

Learn more:
rush.edu/sleep-surgery

Our Team



Michael J. Hutz, MD

Assistant Professor, Section Head of Sleep Surgery

Department of Otolaryngology – Head and Neck Surgery

Internal Medicine, Division of Pulmonary, Critical Care and Sleep
Medicine, Section of Sleep Medicine

One of only two fellowship-trained sleep surgeons in Illinois



Joanna Forberg, MMS, PA-C

Locations

RUSH Orthopedic Building

611 W Harrison St., Suite 500
Chicago, IL 60612

RUSH Oak Park

610 S Maple Ave., Suite 3700
Oak Park, IL 60304

RUSH Oak Brook

2011 York Road, Floor 2
Oak Brook, IL 60523